

# News Release

FOR IMMEDIATE RELEASE

May 1, 2025



## Emergency Preparedness Week 2025

**Kings County, NS** – May 4 – 10, 2025 is recognized in Kings County as **Emergency Preparedness Week (EP Week)**. This is an annual event that takes place each year during the first full week of May, and this year's theme is *"Be Prepared. Know Your Risks."*

While being prepared for disruption is important year-round, EP Week provides a unique opportunity to spotlight emergency preparedness. Between May 4th and 10th join the campaign to encourage your community members to take actions to reduce their risk. Working together with community leaders, first responders, non-government organizations and all levels of government, we can build a more resilient and safer Kings County.



**IS YOUR FAMILY  
PREPARED?**

To celebrate **Emergency Preparedness Week**, the Kings Regional Emergency Management Organization (Kings REMO) encourages everyone to understand the risks in their area and learn what actions they can take to protect themselves and their families.

### Step 1: Know the Risks

Being aware of the potential risks we face in Nova Scotia can help you to be better prepared should an emergency occur. You may find it helpful to make a list of these risks and think about how they might affect you and your family. Knowing the risks in your community or region can help you to be better prepared when an emergency occurs.

### Step 2: Make a Plan

In an emergency, your family may not be together, or you may be asked to evacuate your home. Thinking about what you would do in different situations and preparing a plan with every member of your family is the first step to being prepared.

### Step 3: Get a Kit

Your emergency survival kit should have everything you and your family would need to be safe and take care of yourselves for at least three days (72 hours) immediately following an emergency.

For more information on preparing a **Home Emergency Plan**, and to learn how to prepare for all types of emergencies, visit [www.KingsREMO.ca](http://www.KingsREMO.ca) or follow **REMO\_KingsCounty** on Facebook.

**For Additional Information Contact:**

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**Preparedness TIP**  **Kings REMO Brochures**

**Kings REMO Brochures**  
**Emergency Preparedness Checklists**  
**Know the Risks – Make a Plan – Get a Kit**  
**Vulnerable Persons Registry (VPR)**  
**Kings County Comfort Centres**

Request Kings REMO Brochures by sending an email to the Kings County Regional Emergency Management Coordinator at [REMO\\_KingsCounty@countyofkings.ca](mailto:REMO_KingsCounty@countyofkings.ca)



Tropical Storms/Hurricanes      Wildland Fires      Floods      Power Outages      Blizzards

**Preparedness TIP**  **Emergency Email Notifications**

 **Subscribe to the Kings County Emergency Email Notification System**   
**Stay Informed about emergencies that may impact Kings County**

**Subscribe by sending an email to the Kings County Regional Emergency Management Coordinator at [REMO\\_KingsCounty@countyofkings.ca](mailto:REMO_KingsCounty@countyofkings.ca)**  
**Subject: Emergency Emails**

All emails are sent to subscribers 'bcc' so that personal email information is not shared with other subscribers

 **Follow Kings REMO on Social media to Stay Informed about Emergencies**  
**Facebook: @REMO\_KingsCounty Bluesky: @kingsremo.bsky.social** 



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