



JUNE

Join us for Recreation Month!

Participation in activities will gain you & your family entries in our prize draw!

Join Zoom → Meeting ID: 986 4225 0118 Passcode: recfun

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Youth Zumba 3-4pm Adult Zumba 7-8pm Zoom Session	2 Global Running Day: Go for a run or walk in your neighbourhood	3 Family Games Night: Join us @ 7pm on Zoom	4 World environment day: pick up litter in your community	5 National Trail Day & National Health and Fitness Day: Explore a trail near you!
6 Try out a new healthy recipe	7 National Ice-Cream Day: Grab a scoop at a local ice-cream shop, make your own or add to your grocery order!	8 Youth Zumba 3-4pm Adult Zumba 7-8pm Zoom Session!	9 55+ Bingo: on Zoom @ 2pm	10 Family Bingo Night: 7pm on Zoom!	11 Deadline to submit 2SLGBTQ+ Pride posters w/ AVRCE	12 Plan a bike ride on the harvest moon trail!
13 Random Acts of Kindness: Lend a helping hand to a neighbour or family member	14 National Nature Photography Day Submit your best NS photos!	15 Youth Zumba 3-4pm Adult Zumba 7-8pm Zoom Session!	16 55+ Paint: Design a garden Stone on Zoom @ 2pm	17 Family Paint Night: Design a garden stone on Zoom @7pm	18 International Picnic Day: Support local, takeout and plan a picnic!	19 Neighbourhood scavenger hunt! Ask for details!
20 Father's Day	21 International Yoga Day: Zoom Yoga Session @6 for ALL AGES	22 Youth Zumba 3-4pm Adult Zumba 7-8pm Zoom Session!	23 55+ Trivia: Annapolis Valley Themed on Zoom @ 2pm	24 Family Trivia Night: w/ Kahoot on Zoom @7pm	25 Movie Night with Kings County! *Movie Snacks available*	26 Summer kick-off @ Oakdene Park

*Note: please adhere to provincial guidelines during all June is Rec Month Activities. Events subject to change.

Contact our Rec Intern for information & to submit photos of participation for entries

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