

2024 FALL POOL EVENING SCHEDULE

| TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---------------------------------|-----------------------------------|---|----------------------------------|--|
| 4:30pm-5:15pm Senior Swim ★ | 4:30pm-5:15pm Parent & Tot ★ | 4:30pm-5:15pm Senior Swim ★ | 4:00pm-8:00pm Swim Lessons | 8:00am-12:45pm Swim Lessons | 8:00am-2:45pm Swim Lessons |
| 5:15pm-6:00pm Aquafit Classic | 5:30pm-7:00pm Public Swim ★ | 5:15pm-6:00pm Aquafit Classic | 6:00pm-8:00pm Bronze Club and Patrol Team Training | 4:00pm-8:00pm Private Rentals | 4:00pm-5:30pm Public Swim ★ |
| 6:15pm-7:00pm Aquafit Resistance | 7:15pm-8:00pm Lane Swim ★ | 6:15pm-7:00pm Aquafit Interval | | | 5:30pm-7:00pm Sensory Swim Lessons |
| 7:15pm-8:00pm Lane Swim ★ | | 7:15pm-8:00pm Lane Swim ★ | | | 7:15pm-8:00pm Lane Swim ★ |

★ Indicates a "Drop In" program. Cost is \$5 per person or \$15 per family.

All other programs require registration. To register for an aquatic program visit www.countyofkings.ca/registration